



James "Frank" Moore

January 19, 1935 - September 30, 2025

Funeral Services for James "Frank" Moore, age 90, of Flintville, Tennessee, and formerly of Monterey, Tennessee, were conducted on Monday, October 6, 2025, at 11:00 AM from The Chapel of Goff Funeral Home. Bro. Tim Singleton officiated, Masonic Funeral Rites were held, Best Friend of Becky Moore, Debby Winders spoke, and interment followed in the Cookeville City Cemetery with Full Military Honors Provided by the Veterans Honor Guard. Mr. Moore was born on Saturday, January 19, 1935, in Cookeville, Tennessee, to the late Paul Jasper and Myrtle Rockwell Moore. Mr. Moore passed away on Tuesday, September 30, 2025, at his home. He was survived by his daughter, Rebecca June "Becky" Moore of Flintville, TN; son and daughter-in-law, Richard Douglas "Doug" and Carolyn Moore of Texas; grandchildren, Sara (Chris) Mier, Michael Moore, Rachel (Chad) Colucci, Christina (Chase) Verstuyft, and Danielle Moore; caregivers, Alma Colvin, Lynn Molina, Valene Lange, and Tiffany Bailey. In addition to his parents, he was preceded in death by his wife, Regina Joyce Cooper Moore; sister, Mary Rebecca Lee; and brother, Paul Douglas Moore. Frank grew up in a military family and was able to see a lot of the United States. He attended Baxter Seminary where he met and fell in love with Joyce Cooper who became his wife of 61 years. Frank enlisted in the US Army as a private at the age of 17 and spanned an amazing and rewarding 33 years, retiring as a LT Colonel. While in the Army he became a paratrooper with 2200 jumps under his belt and served in both the Special Forces and Delta Force. He fought in Vietnam, Granada, and Panama, earning 3 Bronze

stars among many other medals. Tours of duty included Germany (twice), Korea, Fort Bragg NC, Fort Sam Houston TX, and Fort Ord CA, as a battalion commander. Frank loved serving his country and especially his final assignment with Delta Force, serving directly under President Reagan. Frank loved the sun and water and was active in boating and water skiing with his family. His many other pastimes included sport parachuting and shooting. He was involved with the boy scouts throughout his life, as a boy and supporting his son Doug as well as introducing scouting to the Boys of Monterey. After retirement he and Joyce moved back home to Monterey, Tennessee, and built their dream home "The Eagles Nest" where many happy memories were made with friends and family. Together they rebuilt "The Mountain View Inn" into "The Mountain View Market" and ran it together for the next ten years. Frank was very active in the VFW, Lions Club, Boy Scouts and Masons, as well as a member of Monterey Church of Christ. The final years of Frank's life were spent with his daughter Becky on her farm in his cabin on the pond in Flintville, Tennessee. The family received friends at Goff Funeral Home on Monday, October 6, 2025, from 10:00 AM until time of services at 11:00 AM. Arrangements and Care provided by D.M. Goff Funeral Home, Inc., 205 East Cleveland Avenue, Monterey, Tennessee 38574, Phone, 931.839.2311.

Cemetery Details

Cookeville City Cemetery

241 S. Walnut
Cookeville , TN 38501

Previous Events

Visitation

OCT 6. 10:00 AM - 11:00 AM (CT)

D.M. Goff Funeral Home, Inc.
205 E. Cleveland Ave.
Monterey, TN 38574
(931) 839-2311
<http://www.gofffh.com/>

Funeral Services

OCT 6. 11:00 AM (CT)

D.M. Goff Funeral Home, Inc.
205 E. Cleveland Ave.
Monterey, TN 38574
(931) 839-2311
<http://www.gofffh.com/>

Tribute Wall



“ *D.M. Goff Funeral Home, Inc. created a Tribute Video in memory of James "Frank" Moore*



D.M. Goff Funeral Home, Inc. - October 05, 2025 at 08:20 PM

VL

“ One of my favorite patients to care for was Frank, I look forward each week to go see him and always enjoy been in his presence. A calm gentle soul and even though he wasn't verbal, at times he blurted out a thank you or other words sometimes I didn't understand.

You could see in his eyes how appreciate he was of the care received and at times he'd just give a few winks throughout the day. He loves to turn the pages of his Bible each day and read in his own way.

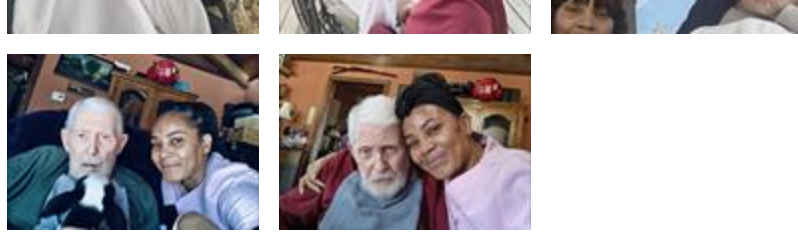
Thanks to Becky, his daughter who displayed nothing but love and wonderful to her dad from the day I met and started working with them. I think each home needs a "Becky" in it, I appreciate and love her for taking such wonderful care of dad.

On Monday September 30th Becky texted to say if I wanted to see her dad to come and that I did, each time I'm leaving work I would always say, "see you next Wednesday Frank", I was told he didn't like goodbyes so I had practice not to say it. So I went the Monday to see him and whispered in his ears that this is Valene and it wasn't Wednesday (the day I would normally care for him) but Monday but I had to come see him, what was to be half hour turned out to almost 5hrs. When I was about to leave, I whispered in his ears again and prayed with him, he kissed his forehead and leaves, then on Tuesday morning Becky called and before I answered the phone I said Oh Lord, no! Then I got the sad news.

Frank will be missed, those beautiful smiles will be missed, those thank you winks will be missed but thank GOD for the beautiful memories that lives on in our hearts. Prayers for his family and friends.

From : Valene

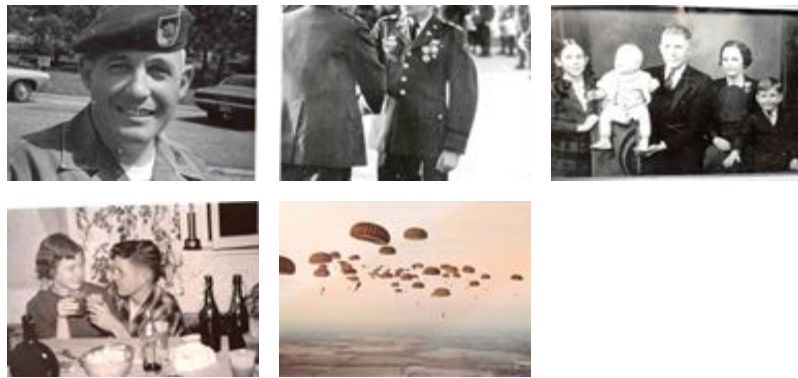




Valene Laing - October 06, 2025 at 12:37 PM



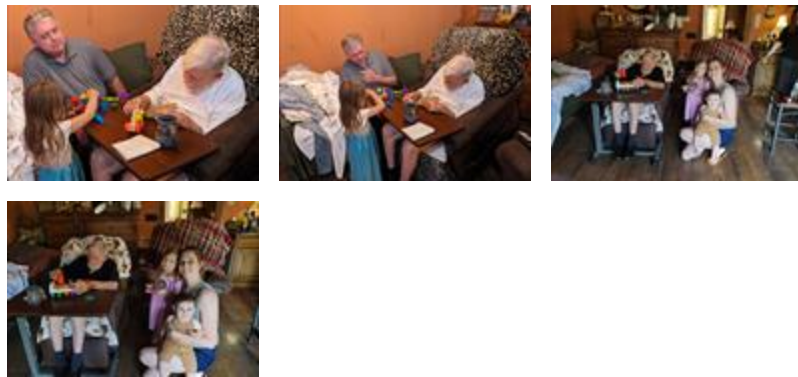
“ 50 files added to the album *Life Tributes*



D.M. Goff Funeral Home, Inc. - October 05, 2025 at 12:50 PM



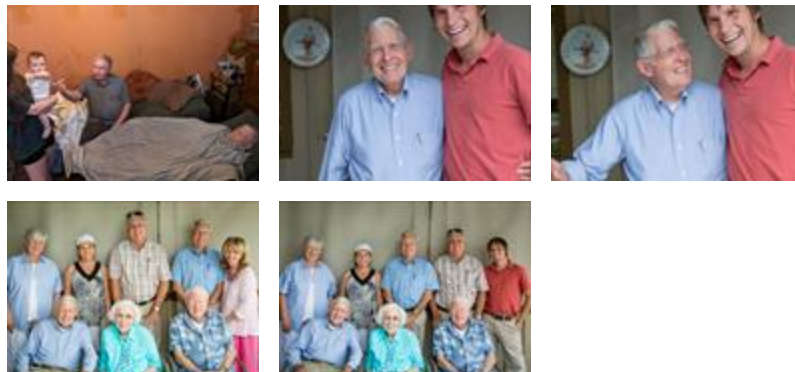
“ *Gramps Frank and his grandkids and great grandkids*



Sara M - October 03, 2025 at 11:48 PM

SM

“ 8 files added to the tribute wall



Sara M - October 03, 2025 at 11:40 PM



“ Frank and my dad were best of friends. I met Frank through the Monterey Lions Club and always enjoyed the hours I spent with him. A true Patriot and a great man.

Ken Hall - October 03, 2025 at 06:10 AM

SB

“ Shelia Bilbrey sent a virtual gift in memory of James "Frank" Moore



Shelia Bilbrey - October 02, 2025 at 01:01 PM

BG

“ *We are sorry for your loss. Billy and Brenda Gentry*



Brenda Gentry - October 02, 2025 at 11:37 AM